

Surgical Services

Operating Room

SNHMC has nine operating room suites, 25 pre-op/PACU bays, and a sterile processing department. Hours are flexible, with 8-, 10-, and 12-hour day shifts available. The OR has a dedicated call team Sunday through Thursday nights beginning at 7PM, making OR call minimal. Services range from elective and non-elective procedures, including neurological, orthopedic, gynecological, urological, bariatric, colorectal, vascular, ENT, general, breast, and plastics. Surgical services are growing and evolving, utilizing the latest technology for the wide variety of procedures we perform. The OR also offers Periop-101 and advancements.

Endoscopy

As a part of SNHMC Surgical Services, the Endoscopy unit has multiple procedure rooms where staff perform between 12-28 outpatient (80%) and inpatient (20%) procedures per day. Procedures include GI, pulmonology, and outpatient bone marrow biopsies, with most patients receiving anesthesia. The team works flexible shifts and takes call shifts to provide care on an emergent basis to our community.

PACU

Our PACU Nurses are highly trained critical care nurses that optimize patients' health prior to surgery, safely recover patients from the effects of anesthesia, provide multimodal pain management, and enhanced recovery through patient and family education. Our Perianesthesia Nurses play a vital role in ensuring surgical patients receive high quality, safe care that promotes comfort and a speedy recovery.

Emergency Department

The Emergency Department of SNHMC provides culturally competent care to the diverse population of southern New Hampshire with a 30-bed critical care unit.

In addition to supporting the community as a Level III Trauma Center and Primary Accredited Stroke Facility, the ED has taken proactive steps to provide safe care to our psychiatric population through the implementation of a 6-bed secured intradepartmental unit. With increased patient volumes and higher acuity, the ED is prepared to accommodate additional patients through utilization of hallway beds and a triage fast-track area.

We support and take pride in providing numerous educational opportunities for our staff to pursue board certifications and higher education in addition to the advanced technical skills they provide, such as ultrasound guided IV placement and arterial IV line management. Our robust staff of nurses, paramedics, LNAs and Health Unit Coordinators work 12-hour shifts around the clock to provide a continuous higher level of care to our community.



See our open positions at [SNHCareers.org](https://www.snhcareers.org)



Inpatient Unit Overviews



Nursing Department Overviews at Southern New Hampshire Medical Center

If you are interested in joining a 4-time Magnet® organization, then Southern New Hampshire Medical Center (SNHMC) is the place for you. There are many options to practice throughout our 188-bed acute care facility. Our state-of-the-art units provide a wide array of equipment and patient acuity depending on your professional interests, certifications, and experience level. In this brochure, you will find helpful information that describes the many choices we have for you to practice and grow in your career. We welcome you to learn more about our units so you can make an informed decision on where you might like to apply.



Float Pool/House Support

The Medical/Surgical/ICU Float Pool is a robust team with strong adaptability skills and compassion for being team players in departments that need help. The House Support staff provides comprehensive and compassionate care to adolescent and adult patients with a variety of medical and surgical diagnoses including cardiac patients, patients with high-risk health problems, and general post-operative care. This team is an excellent role for any budding nursing students looking to explore different specialties and get to know our health care system.

Acute Care Inpatient Departments

3 East

30-bed adult med/surg department serving a patient population that consists of orthopedics, neurosurgical, and general medicine and general surgical.

3 West

22-bed adult med/surg department serving a patient population of general medicine, vascular, GI, bariatric, urology, women's health, oncology and chemotherapy administration, and palliative care.

4 East

31-bed adult med/surg telemetry unit serving a patient population of cardiac catheterization recovery, stroke, pulmonary embolism, diabetic and endocrine disorders, neurological and renal disorders.

4 West

22-bed adult med/surg telemetry unit serving a patient population of stroke, sepsis, diabetes, wound care, renal failure, continuous ambulatory peritoneal dialysis, and COPD.

Behavioral Health Unit

18-bed adult behavioral health unit serving a patient population that is voluntarily admitted for mental illness with or without co-occurring medical diagnoses. Average length of stay is one week.

Intensive Care Unit

11-bed adult med/surg intensive care unit serving a patient population of trauma, respiratory, surgical, neuro, sepsis, ARDS, CRRT and IABP.

Progressive Care Unit (PCU)

Specifically designed to address the distinct requirements of patients who need advanced monitoring and support beyond the medical-surgical level, yet do not require the intensive care provided in the Intensive Care Unit. This unit comprises six (6) private rooms, each equipped with state-of-the-art monitoring technology and amenities, thereby ensuring both patient comfort and safety throughout the crucial recovery period.

Women & Children Services

Pediatrics

8-bed pediatric unit serving a patient population of newborns and children of all ages with viral and respiratory illnesses, diabetes, and post-operative care. The pediatrics department collaborates with Massachusetts General Hospital for Children pediatric specialists to care for our patients. Pediatrics does accept appropriate adult patients when the need arises.

Special Care Nursery

The Special Care Nursery is a 9-bassinet Level II nursery for babies 32+ weeks, and 1,500 grams. Newborns may be treated for respiratory distress or temperature instability, or need assistance learning to feed and grow. We provide Retinopathy of Prematurity screening in collaboration with Boston Children's Hospital. We collaborate and consult with the Mass General NICU.

The Birth Place

The Birth Place is a 18-room labor, delivery, and post-partum department that cares for families and babies throughout their stay at the Medical Center. The Birth Place is staffed 24/7 by Obstetricians and Certified Nurse Midwives.